



TREATMENT SERVICES

The Center for Prevention & Counseling
(973) 383-4787
61 Spring St, Newton, NJ 07860

- Adolescent & Adult Substance Use Counseling
- Adolescent & Adult Intensive Outpatient Program
- Evaluations of Substance Use & Co-Occurring Disorders
- Early Intervention Education
- Aftercare & Relapse Prevention
- Alcohol & Other Drug Screening
- Medication-Assisted Treatment Program

RECOVERY SUPPORT SERVICES

Recovery Community Center
(973) 940-2966
65 Newton Sparta Rd, Newton, NJ 07860

- Recovery Coaching
- System Navigation
- Support Meetings
- Family Support Groups
- Educational Workshops
- Anger Management Classes
- Social & Recreational Activities & Events

Many services funded through Sussex County Department of Human Services

www.centerforprevention.org

Text @center65 to the number 81010
to get text messages about local recovery events.



@CFPCNJ

@SussexCountyRecoveryCommunity

HAVE MEDICAID OR NO INSURANCE?

CALL THE NJ ADDICTION HOTLINE:

(844) 276-2777

for assistance & referral to treatment

Addiction Treatment Providers in Sussex County

Center for Prevention & Counseling

Address: 61 Spring St, Newton, NJ 07860

Admissions: (973) 383-4787

Services: Intensive Outpatient, Outpatient, MAT

Payment: Medicaid, State Funding

Capitol Care

Address: 7 Waterloo Rd, Stanhope, NJ 07874

Admissions: (844) 437-3482

Services: Partial Care, Intensive Outpatient, Outpatient

Payment: Private Insurance, Medicaid, State Funding

Garden State Treatment Center

Address: 350 S Sparta Ave a201, Sparta, NJ 07871

Admissions: (973) 240-8055

Services: Partial Care, Intensive Outpatient, MAT

Payment: Private Insurance

Newton Medical Center

Address: 175 High St, Newton, NJ 07860

Admissions: (888) 247-1400

Services: Partial Care, Intensive Outpatient

Payment: Private Insurance, Medicaid

Sunrise House

Address: 37 Sunset Inn Rd, Lafayette, NJ 07848

Admissions: (615) 375-3401

Services: Detox, Residential, Intensive Outpatient

Payment: Private Insurance

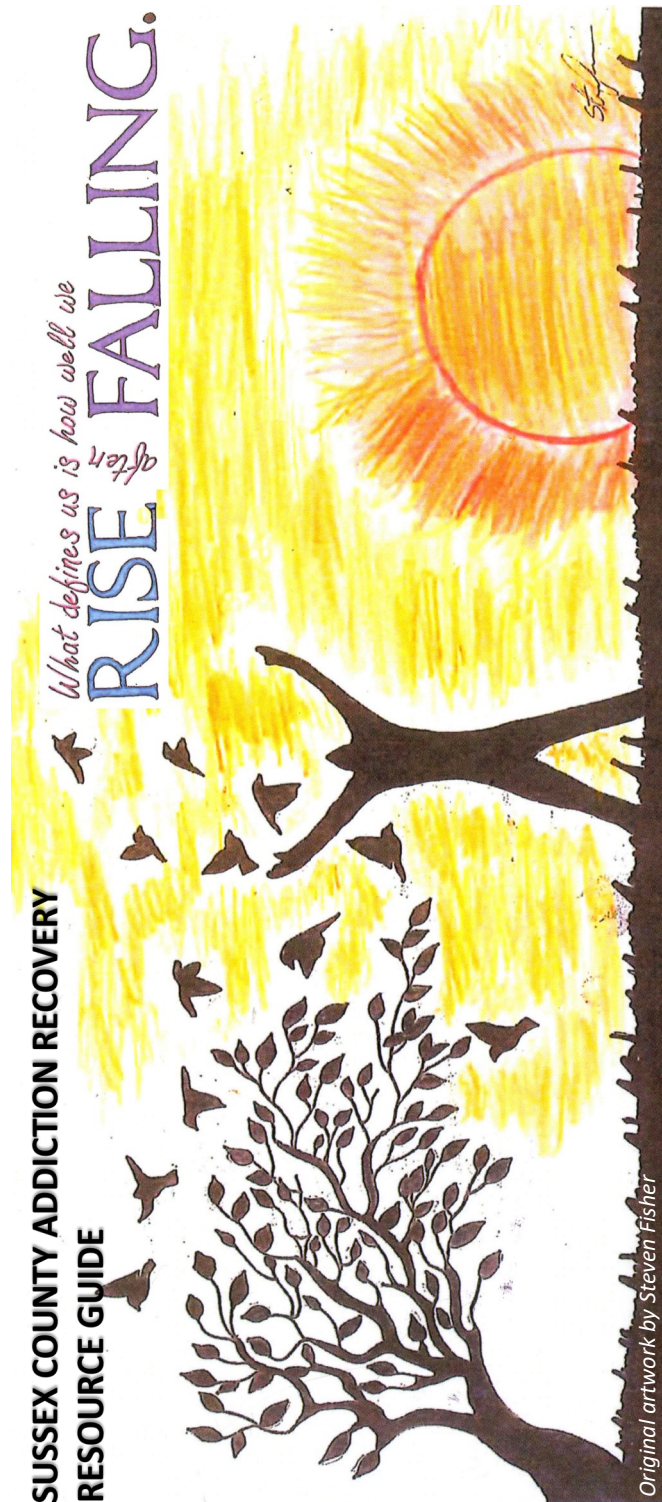
Sussex County C.L.E.A.R. Program



Call **(844) SC-CLEAR** to speak to a Recovery Coach or
visit clearprogram.org for more information.

Sussex County Substance Abuse and Alcohol Office

(973) 940-5200 ext. 1383 for information and referrals



LEVELS OF CARE

Withdrawal Management (Detox): Provides medical supervision during the first few hours or days of sobriety to safely manage withdrawal symptoms; Detox can also be accompanied by counseling, therapy and support

Residential (Inpatient): Provides 24/hour care within a treatment center; Short-term can range from 2-4 weeks and long-term can range from 3-12 months.

Halfway House: Usually requires a referral from another treatment center and provides transitional housing and counseling for people in recovery

Partial Care: Usually provides an average of 20 hours a week of counseling in an outpatient setting

Intensive Outpatient (IOP): Usually provides an average of 3-4 hours of counseling 3-5 days per week

Outpatient Treatment (OP): Provides diagnostic and treatment services at a program site (clinic, counselor's office, hospital) and may include prevention, intervention, screening and/or assessment services. Some programs require daily attendance while others meet one to three times per week

MEDICATION-ASSISTED TREATMENT

MAT uses FDA-approved medications in combination with counseling and behavioral therapies in treatment. There are three medications commonly used to treat opioid use disorder:

Methadone: clinic-based opioid agonist that does not block other narcotics while preventing withdrawal; daily pill

Buprenorphine: partial opioid agonist that blocks other narcotics while reducing withdrawal risk; sublingual film (Subutex, Suboxone)

Naltrexone: non-addictive opioid antagonist that blocks the effects of other narcotics; daily pill or monthly injection (Vivitrol)

NAVIGATING HEALTH INSURANCE

PRIVATE & COMMERCIAL INSURANCE

Treatment services may be covered by your health insurance provider. Call the number for behavioral health on the back of your card to ask what type of coverage you have, who is covered (self, spouse, children) and what treatment centers participate in your plan.

If you believe your insurance coverage was unfairly denied for a substance use disorder, contact NJParityCoalition@gmail.com



If you do not have insurance, you may be eligible for Medicaid. Visit njfamilycare.org, call (800) 701-0710, or contact the Sussex County Division of Social Services at (973) 383-3600 or 83 Spring Street Suite 203 in Newton.

<u>Medicare</u>	<u>VS.</u>	<u>Medicaid</u>
based on age (65+) and/or disability		based on finances and need for care



NARCAN

NARCAN® (naloxone) is a medication designed to rapidly reverse opioid overdose that works by binding to opioid receptors to block the effects of opioids. Narcan® can be obtained through a prescription from your doctor, over-the-counter at most pharmacies or through a free overdose prevention program and training.

COMMON TERMS

Addiction: the most severe form of substance use disorder, associated with compulsive or uncontrolled use of one or more substances; a chronic brain disease that has the potential for both recurrence (relapse) and recovery

Assessment: a process to define one's level of substance use severity, determine a diagnosis and to develop specific treatment recommendations

Continuum of Care: an integrated system of care that guides and tracks a person over time through a comprehensive array of health services appropriate to the individual's need.

Recovery: a process of change through which individuals improve their health and wellness, live self-directed lives and strive to reach their full potential

Recovery Coach: trained recovery mentors, often with lived experience, that help develop a recovery plan

Screening: process to evaluate and identify possible problems of risky substance use with feedback, arranging for further patient care, when necessary

Self-Pay: to pay 'out of pocket' for services without going through an insurance company

Sliding Fee Scale: fee charged for services on uninsured or under-insured individuals, based on annual income

Sober Living House: an alcohol and other drug free living environment for individuals in recovery where residents are required to adhere to certain rules

Substance Use Disorder: a condition in which the use of one or more substances leads to a clinically significant impairment or distress

Support Groups: community, peer-based groups such as Alcoholics Anonymous (AA), Narcotics Anonymous (NA), SMART Recovery, Al-Anon and Families Anonymous, etc.

Treatment Plan: a written guide to treatment including a person's goals and activities designed to help them meet goals, ways to tell whether a goal has been met and a timeframe for meeting those goals