



- Trauma and Addiction Recovery Support
- Goal Setting and Weekly Support
- Telephone Case Management
- Anger Management Classes
- Matters of the Heart support group for family & friends of people with substance use disorders
- All Recovery meetings for anyone touched by addiction
- Educational workshops
- Social & Recreational activities and events

Many services funded through Sussex County Department of Human Services



## RECOVERY ADVOCACY

Sussex County Recovery Advocacy team members meet and advocate to develop county and statewide strategies addressing a wide variety of topics such as:

- Services for individuals seeking and/or in recovery
- Information for family members
- Removing the stigma/shame of addiction
- Barriers to treatment & legislative priorities to improve the climate for people in recovery

**The advocacy team engages parents, people in recovery, law enforcement, young people, schools, healthcare workers, media, government officials & others, welcoming everyone to join in advocacy efforts.**

**For more information or to get involved contact:**  
Aaron at [akucharski@ncaddnj.org](mailto:akucharski@ncaddnj.org) or  
Katie at [katie@centerforprevention.org](mailto:katie@centerforprevention.org)



**NEW JERSEY ADDICTION SERVICES HOTLINE:**  
**1-844-276-2777 for assistance & referral to treatment**

**Sussex County Community Law Enforcement Addiction Recovery Program**  
1-844-SC-CLEAR  **C.L.E.A.R.** [clearprogram.org](http://clearprogram.org)

### Sub-Acute Detoxification Services for Adults:

- Bergen Regional Medical Center.....1-800-730-2762  
230 E. Ridgewood Ave, Paramus, NJ 07652
- St. Clare's Hospital.....888-626-2111  
130 Powerville Rd, Boonton, NJ, 07005
- Turning Point.....973-239-9400  
680 Broadway, Suite 104, Paterson, NJ 07514
- Christ Hospital.....201-795-8200  
176 Palisade Avenue Jersey City, NJ 07306

### Residential Rehabilitation Programs:

- Sunrise House (adults only).....973-383-6300  
37 Sunset Inn Rd, Lafayette, NJ 07848
- Turning Point (adolescents & adults).....973-239-9400  
680 Broadway, Suite 104, Paterson, NJ 07514
- Daytop (adolescents only).....973-543-5656  
80 W Main St, Mendham, NJ 07945

### Intensive Outpatient Treatment for Adults & Adolescents:

- Center for Prevention and Counseling.....973-383-4787  
61 Spring St., Newton, NJ 07860
- Capitol Care, Stanhope.....973-426-1440  
185 Route 183, Stanhope, NJ 07874
- Turning Point, Paterson.....973-239-9400  
680 Broadway, Suite 104, Paterson, NJ 07514

### Outpatient Treatment for Adults & Adolescents:

- Center for Prevention and Counseling.....973-383-4787  
61 Spring St, Newton, NJ 07860
- New Bridge Services, Inc.....973-316-9333  
70 Sparta Avenue, Sparta Township, NJ 07871
- Newton Medical Center.....973-383-1533  
175 High St, Newton, NJ 07860
- Capitol Care.....973-426-1440  
185 Route 183, Stanhope, NJ 07874

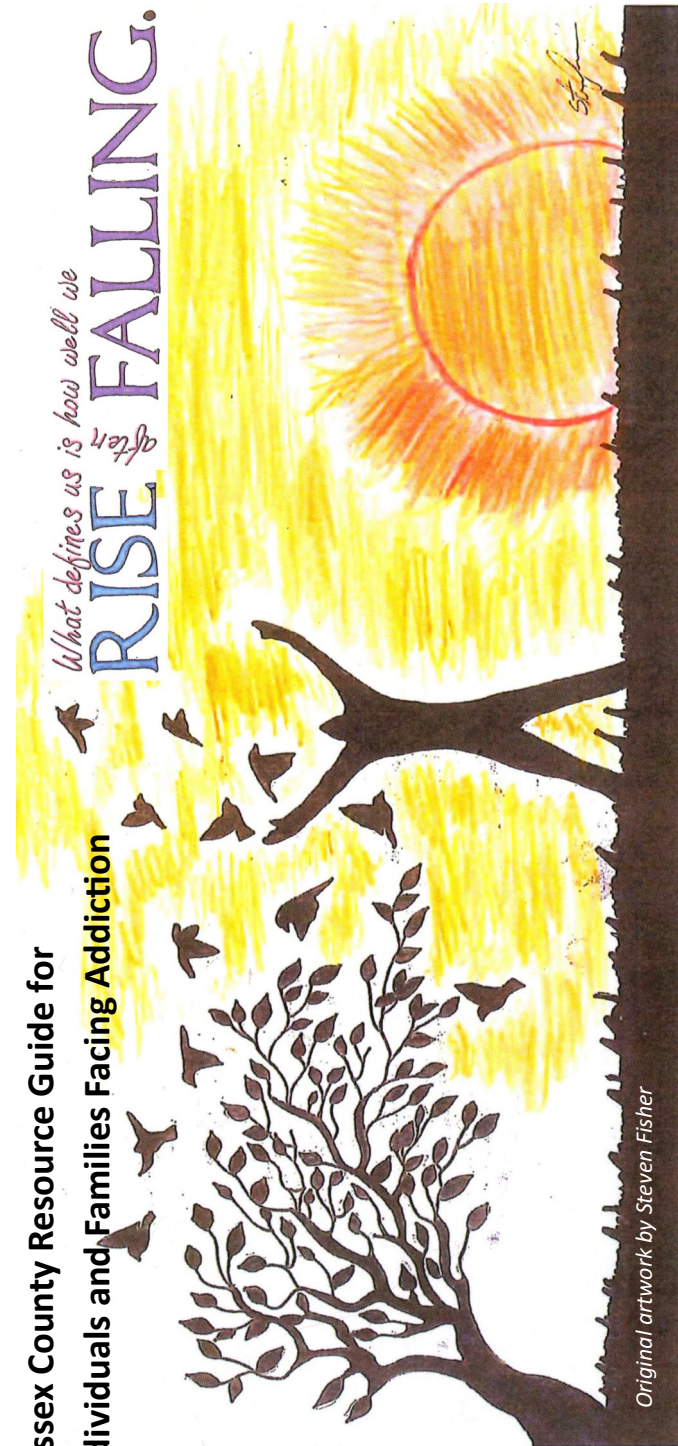
### National Peer Recovery Support Groups:

- Alcoholics Anonymous 24/7 (AA).....1-800-245-1377
- Al-Anon/Alateen Family Groups.....1-800-344-2666
- Narcotics Anonymous (NA).....1-800-992-0401
- Nar-Anon Family Groups.....1-800-477-6291
- Families Anonymous.....1-800-736-9805

**Sussex County Division of Community & Youth Substance Abuse:**  
973-940-5200 ext. 1383 for information and referral

**Sussex County Resource Guide for  
Individuals and Families Facing Addiction**

*What defines us is how well we*  
**RISE AFTER FALLING.**



## LEVELS OF CARE

**Detox:** Provides support and medical supervision during the first few hours or days of sobriety when withdrawal can be physically overwhelming and/or even dangerous; Detox can also be accompanied by counseling, therapy and support

**Halfway House:** Transitional living places for those in recovery from alcohol and/or other drugs generally providing or connecting individuals to other available and/or needed services

**Intensive Outpatient Services (IOP):** Program is typically 3-5 days per week with an average of 3-4 hours of treatment per day for a set number of sessions also encourages participation in a 12-step or other personal recovery program

**Opioid Treatment Program (OTP):** Also known as methadone clinics which offer medication-assisted outpatient treatment for people who are dependent on opioid drugs such as heroin, OxyContin or Vicodin

**Outpatient Treatment Services (OP):** Provides diagnostic and treatment services at a program site (clinic, counselor's office, hospital) and may include prevention, intervention, screening and/or assessment services. Some programs require daily attendance while others meet one to three times a week

**Residential Treatment Center (RTC):** Provides more structure and intensive services than out-patient treatment. Individuals live in the treatment facility; short or long term; stay varies one month to over one year

**Sober Living House (SLH):** An alcohol and other drug free living environment for individuals in recovery where residents are required to adhere to certain rules

**Support Groups:** Community, peer-based groups such as Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Al-Anon, Alateen or Families Anonymous, etc.

**For more information in Sussex County, contact:  
Center for Prevention and Counseling at 973-383-4787  
[www.centerforprevention.org](http://www.centerforprevention.org)**

## NAVIGATING THE DIFFERENT SYSTEMS



**Do you have PRIVATE INSURANCE?** Treatment and recovery can be covered by your health insurance. Call the 1-800 number on the back of your insurance card. Ask what type of coverage you have under your plan and who is covered (self, spouse, children).

**If you believe your insurance coverage was unfairly denied for a substance use disorder, contact [NJParityCoalition@gmail.com](mailto:NJParityCoalition@gmail.com)**



**If you *do not* have PRIVATE INSURANCE, you may still be covered by NJ Family Care. Call 1-800-701-0710**

### WHAT'S THE DIFFERENCE BETWEEN:

**Medicare:** Medicare qualification is based on age and/or disability. Participation is not subject to income assets or "needs".

**Medicaid:** Medicaid qualification is based on "need for care" and financial needs.

**For information on eligibility:** [medicaid.gov](http://medicaid.gov)

**The Healthcare Insurance Marketplace:** [healthcare.gov](http://healthcare.gov)

**Sussex County Division of Social Services:** (973) 383-3600



**Addiction:** medical condition that is characterized by compulsive engagement in rewarding stimuli, despite adverse consequences

**Assessment:** process to define level of substance use severity, determine diagnosis and develop specific treatment recommendations

**Continuum of Care:** clients enter treatment at a level appropriate to their assessed needs and then step up to more or step down to less intense treatment as needed

**Dependence:** the body's physical need with an inability to control use of a specific substance, experiencing withdrawal symptoms when stopped

**Detoxification (detox):** medical process to treat dangerous & immediate bodily effects of stopping substance use and also to remove toxins left in the body as a result of the use of alcohol and/or other drugs

**Drug Court:** probation sentence given as an alternative to incarceration to persons with non-violent drug offenses

**Recovery:** a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential

**Screening:** process to evaluate and identify possible problems of risky substance use with feedback and arrangement of further patient care, when necessary

**Self-Pay:** to pay 'out of pocket' for services without going through an insurance company

**Sliding Fee Scale:** fee to pay on uninsured or under-insured individuals based on annual income

**Substance Use Disorder:** a condition in which the use of one or more substances leads to a clinically significant impairment or distress

**Treatment Plan:** a written guide to treatment including a person's goals & activities designed to help them meet goals, ways to tell whether a goal has been met and a timeframe for meeting those goals